

Aikido Ranking System

(3/16/23)

Each rank also carries with it expectations of proficiency. So a yellow belt Basic 7 would look different from a black belt Basic 7. Advanced ranks may also be required to demonstrate other skills such as counters and sware waza.

- SUBJECT TO CHANGE WITHOUT NOTICE -

6th Kyu Yellow: 2x partial Units: At least 3 techniques from Kosa Dori + Ukemi from kneeling.

5th Kyu Orange: 2 Units: Basic 7 from Kosa Dori + Ukemi (From Standing)

4th Kyu Green: 3 units (Orange + 1)

Skip ONE test minimum

3rd Kyu Purple: 5 Units (Green + 2)

Skip TWO tests minimum

2nd Kyu Blue: 9 Units (Purple + 4)

Skip THREE tests minimum

1st Kyu Brown: 15 Units (Blue + 5)

Skip FIVE tests minimum

Black: 22 Units (Brown + 6)

(36 months minimum to black belt)

Essential Aikido Techniques

7 Basic Responses (aka Basic 7)

Ikkyo
Nikkyo
Sankyo
Shihonage
Kotegaeshi
Kokyunage
Irimenage

Other Responses

Kaiten Nage
Juji Nage
Koshi Nage
Gatemi Nage

7 Basic Attacks

Kosa Dori
Katate Dori
Ryote Dori
Tekubi Dori
Tsuki
Shomenuchi
Yokomenuchi

Weapons

Jo Suburi (20)
Bokken Suburi (10)

Jo Dori (12)
Tachi Dori (3?)

Kumi Jo (6)
Kumi Tachi (15)

Jo Kata (4) (Basic 1, 13-Count, Kanji, Energy)

Ukemi

Zempo Kaiten / front roll, Ushiro Ukemi / back roll, Judo Ukemi / break fall

22 Units

- **Ukemi Unit:** All standing - Zempo Kaiten, Ushiro Ukemi, Judo Ukemi
- **7 Empty Hand Units:** Basic 7 From each of the 7 basic attacks.
- **Alt Unit:** Alt Responses from at least 2 attacks each.
- **13 Weapon Units:**
 - Jo Suburi (20)
 - Bokken Suburi (10)
 - Jo Dori Unit 1 (First 6 of 12)
 - Jo Dori Unit 2 (Last 6 of 12)
 - Tachi Dori (3)
 - Kumi Jo (6)
 - Kumi Tachi Unit 1 (#1-5 of 15)
 - Kumi Tachi Unit 2 (6-10 of 15)
 - Kumi Tachi Unit 3 (11-15 of 15)
 - Basic 1 with a jo
 - 13-Count Jo Kata
 - Kanji
 - Energy